

Spring 2019 SOAR Courses: Scheduling Information

For more details go to the SOAR website www.soarnorthcountry.org

NOTES:

- 1) (*see notes*) = go to the website or your registration confirmation letter for more info
- 2) (*see links*) = go to the "COURSES" tab on the website to find links to course readings, supplies, etc.
- 3) This sheet lists only one presenter for each course - see the booklet or website for more presenters

- [1]** Adirondack History: The Early Years - Art Johnson. 1 session, 1.5 hours. Maxcy 104. Monday: 4/15--10:00-11:30 (Cap: 50)
- [2]** Age Norms Across Generations - Lauren Diamond-Brown. 1 session, 1.5 hours. Maxcy 104. Friday: 4/26--10-11:30 (see notes) (Cap: 50)
- [3]** Andrew Lloyd Webber: The Man & His Music - Dana Barry. 1 session, 1.5 hours. Maxcy 104. Friday : 3/15--10:00-11:30 (Cap: 50)
- [5]** Army ROTC—What is it? - Scott Toth. 1 session, 1.5 hours. Maxcy 104. Monday: 4/29--10:00-11:30 (see notes) (Cap: 50)
- [6]** Art for Beginners & Neophytes - Casie Galletti. 8 sessions, 2 hours each. Satterlee 225. Thursday: 3/14-5/2--1:00-3:00 (Cap: 16)
- [7]** Art of the Ancient World - Sarah Melville. 4 sessions, 1.5 hours each. Kellas 217. Monday : 3/11-4/1--12:30-2:00 (Cap: 25)
- [8]** Beginning Tai Chi & Qigong - Pam March. 8 sessions, 1 hour each. Maxcy Dance Studio. Tuesday: 3/26-5/14--12:00-1:00 (see notes) (Cap: 50)
- [9]** Citizens at the Gates: Twitter, Networked Publics, and the Transformation of American Journalism - Stephen Barnard. 1 session, 1.5 hours. SLU, Carnegie 018. Friday: 4/5--1:00-2:30 (see notes) (Cap: 30)
- [10]** Citizens' Response to Active Shooter Events - Tim Ashley. 1 session, 1.5 hours. Maxcy 104. Wednesday: 3/13--3:00-4:30 (Cap: 50)
- [11]** Continuing Tai Chi & Qigong - Pam March. 16 sessions, 1 hour each. Maxcy Dance Studio. Tuesday, Thursday: 3/26-5/16--1:00-2:00 (see notes) (Cap: 50)
- [12]** Country Schools Revisited - Judith Liscum. 1 session, 2 hours. Silas Wright. Friday : 5/10--10:00-12:00 (see notes) (Cap: 40)
- [13]** Current Events - John Casserly. 8 sessions, 1.5 hours each. Partridge Knoll. Friday: 3/15-5/3--10:30-12:00 (Cap: 30)
- [14]** Digital Photography for Portraits and Landscapes - Adam Hill. 2 sessions, 1.5 hours each. SLU, Johnson 309. Wednesday: 4/17-4/24--4:00-5:30 (see notes) (Cap: 16)
- [15]** Drawing for Everyone - Janet Wightman (coordinator). 8 sessions, 2 hours each. Satterlee 225. Friday: 3/15-5/3--1:30-3:30 (Cap: 16)

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- [16] Dying to Talk - Mary Jones. 2 sessions, 1.5 hours each. Hospice, 6805 US Hwy 11. Wednesday: 4/3-4/10--9:00-10:30 (see notes) (Cap: 30)
- [17] Ekphrastic Poems - Bob DeGraaff. 3 sessions, 1.5 hours each. PartridgeKnoll. Wednesday: 4/10-4/24--1:30-3:00 (Cap: 20)
- [18] Elephants and Rhinos - John McDonald. 2 sessions, 1.5 hours each. Kellas 104. Friday: 5/3-5/10--2:00-3:30 (Cap: 100)
- [19] Extraction of DNA - Kristine Potter. 1 session, 2 hours. SUNY Canton, Cook 213. Wednesday: 5/8--1:00-3:00 (see notes) (Cap: 24)
- [20] Fitness for Optimal Aging - New Participants - Deborah Molnar. 2 sessions, 1.5 hours each. SUNY Canton, Wicks 214. Thursday: 3/28-4/11--9:30-11:00 (see notes) (Cap: 15)
- [21] Fitness for Optimal Aging - Refresher Level - Deborah Molnar. 2 sessions, 1.5 hours each. SUNY Canton, Wicks 214. Thursday: 3/28-4/11--9:30-12:00 (see notes) (Cap: 15)
- [22] Following My Foremothers: WWII Women Engineers - Ruth Baltus. 1 session, 1.5 hours. Maxcy 104. Tuesday: 4/9--3:00-4:30 (Cap: 50)
- [23] Fungi and Trees - Claire Burkum. 1 session, 1.5 hours. SLU, Johnson 244. Thursday: 5/9--12:30-2:00 (see notes) (Cap: 24)
- [24] Glaciers & Climate - Alexander Stewart. 1 session, 1.5 hours. SLU, Brown 141-2. Wednesday: 3/27--4:00-5:30 (Cap: 30)
- [25] Hard Times for Hard Maples - Paul Hetzler. 2 sessions, 1.5 hours each. Kellas 104. Wednesday: 4/17-4-24--12:30-2:00 (see notes) (Cap: 100)
- [26] Health Tips for Seniors: Immunization - Patricia Furgal. 1 session, 1 hour. Canton Free Library. Monday: 4/1--1:00-2:00 (Cap: 40)
- [27] Ho Chi Minh: His Life & Legacy - John Lancaster. 3 sessions, 1.5 hours each. Maxcy 104. Friday: 4/12-4/26--1:00-2:30 (Cap: 50)
- [28] Honey Bees for Dummies - William Roome. 1 session, 1.5 hours. Silas Wright. Wednesday: 5/8--10:00-11:30 (Cap: 40)
- [29] How should we understand metaphors in neuroscience? - Stephen Casper. 1 session, 1.5 hours. Maxcy 104. Thursday: 3/21--2:00-3:30 (see notes) (Cap: 50)
- [30] Injury Prevention: Staying Active & Healthy - Andrea Smith. 1 session, 1.5 hours. Maxcy 104. Monday: 5/6--9:30-11 (see notes) (Cap: 50)
- [31] Interpreting Bird Language and Behavior - Joseph Longshore. 2 sessions, 1.5 hours each. Silas Wright. Wednesday: 4/3-4/10--11:00-12:30 (see notes) (Cap: 20)
- [32] Introduction to Rock Climbing - Adam Wheeler. 1 session, 1.5 hours. Maxcy 104. Wednesday: 4/10--2:00-3:30 (see notes) (Cap: 20)
- [33] Lais of Marie de France - Nicole Avallone. 1 session, 1.5 hours. Kellas 217. Wednesday: 3/27--3:00-4:30 (Cap: 25)

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- [34] Lessons on International Trade and Policy - Luciana Echazu. 2 sessions, 1.5 hours each. Maxcy 104. Friday: 4/12-4/19--10:00-11:30 (Cap: 50)
- [35] Lifelines: Writing Your Way In - Viki Levitt. 5 sessions, 1.5 hours each. Morey 117. Tuesday: 3/19-4/16--1:00-2:30 (see notes) (Cap: 12)
- [36] Line Dancing for Beginners - Margaret Mauch. 8 sessions, 1.5 hours each. Maxcy Dance Studio. Friday: 3/15-5/3--1:00-2:30 (see notes) (Cap: 35)
- [37] Mah Jongg - Kay Russell. 4 sessions, 2 hours each. Partridge Knoll. Thursday: 4/11-5/2--10:00-12:00 (Cap: 16)
- [38] Meditation for Emotional Healing - Stephen Canner. 4 sessions, 1.5 hours each. Potsdam Town Hall. Monday: 3/11-4/1--2:30-4:00 (see notes) (Cap: 30)
- [39] Motor Control Theory & Stroke Rehabilitation - J. Miles Canino. 1 session, 1.5 hours. Maxcy 104. Wednesday: 3/13--10:00-11:30 (see notes) (Cap: 50)
- [40] Musical Petting Zoo - Ron Berry. 1 session, 2 hours. Crane C123. Wednesday : 3/13--10:00-12:00 (Cap: 70)
- [41] My Experience in Nuclear Energy - Eric Thacher. 2 sessions, 1.5 hours each. Silas Wright. Wednesday: 4/24-5/1--10:00-11:30 (Cap: 40)
- [42] Mysteries of the Round Towers of Ireland - Robert LeBoeuf. 1 session, 2.5 hours. Silas Wright. Tuesday: 5/14--10:00-12:30 (see notes) (Cap: 40)
- [43] Natural History of Bears - Roy Horst. 4 sessions, 1.5 hours each. Maxcy 104. Tuesday: 3/12-4/2--2:30-4:00 (Cap: 50)
- [44] Nineteenth Century Prison Reform - Liz Regosin. 1 session, 1.5 hours. SLU, Carnegie 010. Friday: 4/12--2:30-4:00 (see notes) (Cap: 40)
- [45] Our Amish Neighbors - Betsy Tisdale. 2 sessions, 2 hours each. Potsdam Town Hall. Tuesday: 3/12-3/19--10:30-12:30 (Cap: 50)
- [46] Peek Inside the Songwriting Process - Christopher Watts. 2 sessions, 1.5 hours each. SLU, Noble Ctr 108. Friday: 3/15-3/22--10:00-11:30 (see notes) (Cap: 20)
- [47] Rewarding Volunteer Opportunity Available - Bobbi Gordon. 1 session, 2.5 hours. Potsdam Civic Center. Monday: 4/1--9:30-12 (see notes) (Cap: 50)
- [48] Secrets of Good Writing - Eudora Watson. 3 sessions, 1.5 hours each. Silas Wright. Tuesday: 3/26-4/9--10:00-11:30 (Cap: 16)
- [49] Settler Colonialism and Global Justice - John Collins. 2 sessions, 1.5 hours each. SLU, Carnegie 009. Friday: 5/3-5/10--2:30-4:00 (Cap: 25)
- [50] Slavery and Freedom in the Americas - Evelyn Jennings. 2 sessions, 1.5 hours each. SLU, Carnegie 018. Thursday: 3/28-4/4--2:30-4:00 (see notes) (Cap: 40)
- [51] Stem Cells—The Science and Hope - Ron Tavernier. 1 session, 1.5 hours. SUNY Canton, Payson 219. Thursday: 3/21--2:00-3:30 (Cap: 40)

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- [52] Stereotypes - Raamitha Pillay. 1 session, 1.5 hours. Maxcy 104. Wednesday: 3/20--10:00-11:30 (see notes) (Cap: 50)
- [53] Summer of '69: Woodstock, Moon Landing & more - Terry Niles. 3 sessions, 1.5 hours each. Kellas 105. Thursday: 4/25-5/9--2:00-3:30 (Cap: 100)
- [54] Swirling Flows: More than Just Pretty Patterns in the Water - Byron Erath. 1 session, 1.5 hours. Maxcy 104. Monday: 3/25--10:00-11:30 (see notes) (Cap: 50)
- [55] Tai Chi: The Short Form - Pam March. 8 sessions, 1 hour each. Maxcy Dance Studio. Thursday: 3/28-5/16--12:00-1:00 (see notes) (Cap: 50)
- [56] The Talk Therapy Revolution - Peter Ladd. 2 sessions, 1.5 hours each. SLU, Atwood 02. Thursday: 4/11-4/18--4:00-5:30 (Cap: 20)
- [57] Topics in Diversity - Jay Pecora (coordinator). 4 sessions, 1.5 hours each. Maxcy 104. Tuesday, Thursday: 4/23-5/2--4:00-5:30 (Cap: 50)
- [58] Umwelt in Newspapers...divided readership - Thomas Graser. 1 session, 1.5 hours. **Community Room, Potsdam Town Hall, 18 Elm Street.** Thursday: 5/16--1:00-2:30 (see notes) (Cap: 40)
- [59] Understanding Political Polls: Real or Fake News? - Jack McGuire. 1 session, 1.5 hours. Kellas 104. Thursday: 4/4--4:00-5:30 (Cap: 100)
- [60] Vicarious Voyagers XXIV - Ruth Kreuzer (coordinator). 3 sessions, 1.5 hours each. Potsdam Civic Center. Monday, Thursday: **3/11,3/21,4/4--2-3:30** (Cap: 100)
- [61] Watercolor/Mixed Media Art Workshop: Intermediate Level - Donna Kuhn (coordinator). 9 sessions, 2 hours each. Satterlee 225. Wednesday: 3/20-5/15--12:30-2:30 (see notes) (Cap: 18)
- [62] What Did I Miss? - Heather Beauchamp. 1 session, 1.5 hours. Maxcy 104. Tuesday: 4/16--2:30-4:00 (Cap: 50)
- [63] Why Storytelling Matters for Building Peace - Lisa Propst. 1 session, 1.5 hours. Maxcy 104. Thursday: 4/11--2:00-3:30 (Cap: 50)
- [64] Wildlife & Roads: How do we make roads safer for people and nature? - Tom Langen. 1 session, 1.5 hours. Kellas 104. Friday: 4/5--3:30-5:00 (Cap: 100)
- [65] Women Representing Women in Politics - Christina Xydias. 2 sessions, 1.5 hours each. Maxcy 104. Thursday: 4/4-4/11--9:00-10:30 (Cap: 50)
- [66] Yoga Nidra - Donna Clark. 2 sessions, 1.5 hours each. Maxcy Dance Studio. Thursday: 3/14-3/21--1:30-3:00 (see notes) (Cap: 50)