



# SOAR Photo Feature Story

## "Weeks Seven and Eight – Spring 2010"

*R. Kreuzer 05/010/10*

My-my, we learned a lot these past two weeks. Seven more new classes joined the ranks of courses this spring semester.

Rita Goldberg continued her series of computer topics; in these weeks it was "photo editing" and "Word 2007" (the latter continues next week). SOAR students are most appreciative of



Rita's efforts to teach them the basics and to show them what can be done in some programs.

"Antique Postcards" with Fred Rollins got underway with general information on postcards and a very interesting slide show of old postcards illustrating local towns in the North Country (*like this photo card of Elm St. in Madrid*).



We had one of our rare evening classes in Canton in Week Eight: Karl Schonberg's "Iran and Contemporary International Relations" – an informative and dynamic class with lots of good questions asked and answered.

If you ever wanted to learn how to greet the Queen, then you should have been at "Etiquette: Manners Matter" presented by Christine Lancaster, someone who knows the protocol for doing just that. Not only did we learn what to do with our napkin at formal receptions, but we had a chance to practice what was being preached as a (*really nice!*)



"Continental" dinner was served at lunchtime. Use your utensils properly!

Both wrists are kept on the table! Cut your strawberry with your spoon! Lay knife and fork

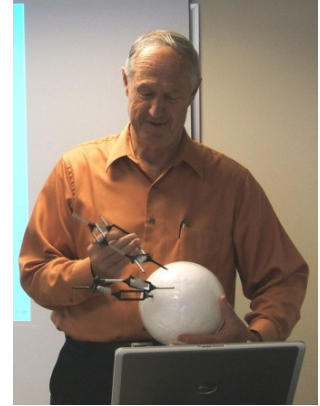


parallel on the plate (handles on right) to signal the wait staff that you have finished!

Dick Partch taught a double (two-hour) session of "Dental and Medical Chemical Research" in Week Eight. SOAR students got an introduction into the materials used for filling cavities, along with learning about "Biocompatible Substrates." (*Dick has a good way of explaining things!*)



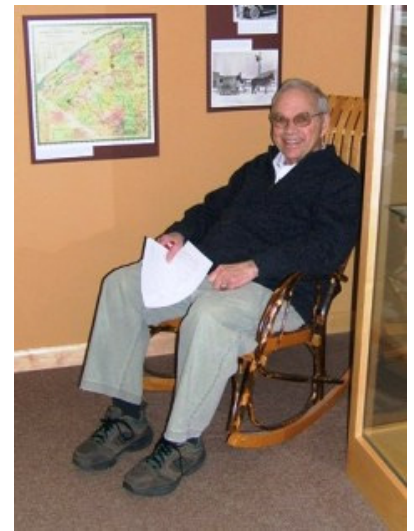
Someone who shares Dick's skill in "explaining things" is Ginger Thomas who started her two session SOAR course on "The Brain: How it works." We learned a lot of interesting things such as: our brains weigh only about 3 lbs and are made up of 78% water + fat and protein (*so drink plenty of water to keep your brain healthy!*). She also told us that "SOAR is a novel situation" and is the kind of thing "you need to do to keep your brain healthy."



Here are some courses which came to an end in Week Seven or Week Eight: "Vegetarian Cooking" with Juanita Babcock (*loved the Moroccan rice pudding with the almonds on top!*); Bob Wells' course "The Fiscal Crisis of 2008" (*will he come back and "The Fiscal Crisis of 2009 [and/or 2010]," or is he "too tired"?*); and "Lincoln: The Springfield Years (1837-1861)" with Terry Niles (*Terry gives great interpretations and details – we like the tasty vittles his wife provides too!*).



Pam March continues with her "Beginning ..." and "Continuing Tai-Chi" classes.



(*Those nicely controlled stretching moves really do help keep the body limber!*)



(photographers: Jim Barry and Ruth Kreuzer)