

For Office Use

Only:

Ck Date _____ Ck # _____

Spring 2020 SOAR Courses: Registration Form

March 9, 2020 to May 15, 2020

PLEASE COMPLETE BOTH SIDES

Name: _____ **Email:** _____

Address: _____ **Home #:** _____

City: _____ **Zip:** _____ **Cell #:** _____

*Sign up for at least one course and plan to attend regularly.

*Once your registration is processed, you will receive a letter in the mail listing which courses you've been enrolled or waitlisted for.

*You will also receive a name tag, parking permit and a map that you must keep for the entire academic year (F19 and S20 semesters).

*Closed courses and other changes are posted on the SOAR web page www.soarnorthcountry.org.

[1] ____ AARP

[2] ____ Acrylic Painting for Beginners

[3] ____ Addressing the Issues of the Nursing Shortage

[4] ____ An Alaskan Indigenous Village on the Frontlines of Climate Change

[5] ____ Animal Metamorphosis

[6] ____ Archaeology at Camp Union

[7] ____ Assessing Indoor Air Quality

[8] ____ Backcountry Campsite Monitoring

[9] ____ ** Basic Barn Quilting

[10] ____ ** Basket Weaving A

[11] ____ ** Basket Weaving B

[12] ____ Battery Energy Storage for NY Municipal Electric Depts

[13] ____ Birding & Citizen Science

[14] ____ Canine Body Language

[15] ____ Chronic Pain Self-Management 101

[16] ____ Climate Change

[17] ____ Current Events

[18] ____ Defining Successful Aging

[19] ____ Drawing for Everyone

[20] ____ Ecological Gardening

[21] ____ Energy Course

[22] ____ Faith and Reason in the 21st Century

[23] ____ Fluorescence to Rock Your World

[24] ____ Hearing Instruments for Age Related Hearing Problems

[25] ____ Honoring Our Descendants

[26] ____ How Math Can Be Used to Understand Cancer and Its Treatment

[27] ____ Introduction to Coin Collecting

[28] ____ Invasive Plant Research in St. Lawrence County

[29] ____ Korean Drumming

[30] ____ Kubrick

[31] ____ Lincoln's True Love

[32] ____ Line Dancing for Beginners and Intermediates

[33] ____ Mah Jongg

[34] ____ Marsupial Mammals of the World

[35] ____ More Elephants and Rhinos Too

[36] ____ Murderers, Thieves, and Rapists

[37] ____ Native Peoples of North America

[38] ____ North America on Ice - Understanding Glaciers

[39] ____ Nuclear Submarines - My Life Underwater

[40] ____ Overview of Substance Use Disorder

[41] ____ Poems of Billy Collins, through 1989

[42] ____ ** Sculpture in Ceramics

[43] ____ Secret Lives of Turtles

[44] ____ CANCELLED - Secrets of Good Writing

[45] ____ Senior Fitness

[46] ____ Small Wind Turbines

[47] ____ Stumped by Salamanders

[48] ____ Tai Chi and Qigong Beginning

[49] ____ Tai Chi and Qigong Continuing

[50] ____ Tai Chi, the Short Form

[51] ____ Troopship Memories

[52] ____ Watercolor/Mixed Media Art Workshop

[53] ____ What Is Love?

[54] ____ When Conservation Meets Engineering

[55] ____ Why People Falsely Confess to Crimes

[56] ____ Women's Place

[57] ____ World of Robots and Artificial Intelligence

[58] ____ Young Adult (YA) Literature for Old(er) Adults

[59] ____ Canine Body Language (repeat course)

****Include check made out to Presenter for Crse Fee**

Sign Waiver/Release on the back of this form --->

New members include \$75 check (*made out to PACES-235, note in memo line "SOAR dues"*).

All members send this form to:

SOAR
382 Van Housen Ext.
SUNY Potsdam
44 Pierrepont Ave.
Potsdam, NY 13676

If you are a new member, tell us how you learned about SOAR:

FOR ALL MEMBERS: SUGGESTIONS/VOLUNTEERING FORM

What suggestions do you have for future courses, presenters, events?

SOAR is a member run organization. Where would you like to volunteer? (Circle all committees that interest you. Training is available.)

COMMITTEES:

- | | |
|--|---|
| *Administration & Finance – involves hiring & budget info | *Outreach & Publicity – shares info with public |
| *Ambassador - contacts & introduces presenters | *Presenter Communications – prepares mailings |
| *Curriculum - finds presenters & gathers their info | *Events – organizes special activities |
| *Membership - recruits & retains members | *Registration – registers members in courses |
| *Newsletter – edits & formats publication for members | *Scheduling - contacts presenters to confirm scheduling |
| *Nominating & Awards – suggests new BODs & awardees | *Technology – assists presenters with classroom tech |
| *Archive (Ad Hoc) – assists in organizing SOAR historical info | |

OTHER:

*Offer a course. *Volunteer for office tasks. *Proofread documents. *Talk about SOAR to local groups. *Take pictures.

Please indicate your experience, skills or expertise that may be of interest to other SOAR members:

SOAR course presenters are unpaid volunteers who often come from the membership. SOAR hopes that someday you might present a SOAR course.

WAIVER/RELEASE

I understand that the SOAR Board of Directors, course instructors and SUNY Potsdam, its Trustees, employees and agents have no legal responsibility for my physical welfare while I am a member of SOAR or a participant in any SOAR class, sponsored trip or event from September 1, 2019 through August 31, 2020. I therefore agree to hold these groups harmless for any claims for personal injury or damage arising out of my association with SOAR.

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Signature

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Date