Join us at

SOAR

where

it's never too late to learn! For more information about SOAR and its courses and events, visit the SOAR Web Site www.soarnorthcountry.org

#### contact information

Visit the SOAR office on the third floor of Van Housen Extension (near the elevator - turn left when you get off)

SOAR 382 Van Housen Ext. SUNY Potsdam 44 Pierrepont Avenue Potsdam, New York 13676

(315) 267-2690 soar@potsdam.edu

# SOAR

LIFELONG LEARNING IN THE NORTH COUNTRY



sponsored by SUNY POTSDAM

and affiliated with ROAD SCHOLAR INSTITUTE NETWORK

#### **About SOAR**

SOAR is a member-directed adult learning group sponsored by SUNY Potsdam through the Center for Lifelong Education and Recreation (CLEAR). SOAR is also one of over 300 such lifelong learning groups affiliated with the Road Scholar Institute Network. SOAR's goal: create stimulating opportunities to keep mind, body and spirit vital.



SOAR began in 2001, and since then it has grown to over 400 members. SOAR's existence depends not only on the services and support of our host locations, but also on the efforts and dedication of our SOAR volunteers: board and committee members, course presenters, classroom and office helpers, and many others who work behind the scenes.

### **SOAR Courses**

(actual course topics from a past semester)

sports, chess, tunes insects, conflict resolution comic books, bees, patenting life art videos, birds, folk art, travel shows automobile, Amish, vision loss, meditation senior fitness, Remington, Faulkner, E-books mining, Mah Jongg, driver safety, local authors SOAR 
SOAR 
SOAR 
SOAR 
SOAR Raquette River, family history, digital camera fiction writing, Mesopotamian math, India geological processes, Canada, big cats vegetarian cooking, health issues First Ladies, WWII experiences watercolor art. current events women Civil War soldiers money-saving shopping painting with acrylics decorative painting **Chinese history** contract bridge horse brasses Food Co-op relativity Т С а h i. natural selection Gettysburg 1863 archeological dig

 Two ten-week semesters are held each year, beginning in September and March.

funeral traditions

- Over 60 courses are offered each semester. Most range from 1 - 8 class sessions.
- At least one new course starts each week.
- Classes meet during the daytime, M F, usually once a week for 1, 1<sup>1</sup>/<sub>2</sub> or 2 hours.
- Many classes meet on the SUNY Potsdam campus; the rest meet in various public places in Potsdam, Canton or nearby.

## **SOAR Members**

Though beyond full-time responsibilities of family and work, SOAR members continue to be active, inquisitive, energetic and creative people. They enjoy intellectual stimulation, hands-on activities, going places, and good fellowship. They love learning just for the sake of learning, and they love sharing what they know.



For their yearly \$65 membership fee, SOAR members may take as many courses as they like. At an additional cost, members also may enjoy special events, including a luncheon for our presenters, and special guests at the end of each semester. New members and lapsed members may join or rejoin SOAR at any time during the academic year.