

1. An asterisk \* indicates that this course or event is held **off** SUNY Potsdam campus  
 2. (*web version only*) **Red** = start of a new course, change, note or correction

**MORE NOTES**  
**on PAGE 3**

# SOAR COURSE SCHEDULE FOR SPRING 2013

March 11 - May 23, 2013

*updated: 03/10/13*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY <i>p.1</i>
<p><b>3/11</b>            *<b>Veg. Cooking on a Shoestring</b>            Juanita Babcock            11:00-1:00, Knapps Station Church            *<b>Ballroom Dancing...Beginners</b>            Van Hoyt &amp; Diane Crump            1:30-3:00, Mormon Church  <b>Vietnam War Experiences...</b>            Tom and Nellie Coakley            2:30-4:30, Maxcy 104</p>	<p><b>3/12</b>  <b>Lifelines: Writing...</b> - Viki Levitt            10:00-11:30, Morey 117  <b>Fitness for Seniors</b> - Jim Murray            10:00-11:30, Maxcy Dance Studio and Fitness Center  <b>Geology of NY State: Part 3</b>            Bill Kirchgasser            10:00-11:30, Timerman 123  <b>Beginning Tai-Chi</b> - Pam March            12:00-1:00, Maxcy Dance Studio  <b>Shakespeare's...The Tempest...</b>            Mark Coleman            12:30-3:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March            1:00-2:00, Maxcy Dance Studio</p>	<p><b>3/13</b>  <b>Railroads of the North Country</b>            Russell Nelson            10:00-11:30, Van Housen Ext. SB27A  <b>Tunisian Stitch Afghans</b>            Sue Ellen Mayville            1:00-2:30, Van Housen Link (Bubble) Room</p>	<p><b>3/14</b>  <b>Fitness for Seniors</b> - Jim Murray            10:00-11:30, Maxcy Dance Studio and Fitness Center  <b>Geology of NY State: Part 3</b>            Bill Kirchgasser            10:00-11:30, Timerman 123  <b>*Israeli-Palestinian Conflict and Recent Elections</b>            Ronnie Olesker-Norminton            10:00-12:00, SLU, Hepburn 113  <b>Shakespeare's The Tempest...</b>            Mark Coleman            12:30-3:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March            1:00-2:00, Maxcy Dance Studio</p>	<p><b>3/15</b>  <b>Art Workshop B</b> - Leon LeBeau            10:00-12:00, Satterlee 314  <b>*Current Events</b> - John Casserly            10:30-12:00, Partridge Knoll  <b>*Adv. Contract Bridge</b>            Don Burlingame            1:00-3:00, Mayfield Apts.</p>
<p><b>3/18</b>            *<b>Veg. Cooking...</b>-Juanita Babcock            11:00-1:00, Knapps Station Church            *<b>Evolutionary Thought</b>            Michael Temkin            1:00-2:30, SLU, Johnson 244            *<b>Ballroom Dancing...</b>Hoyt/Crump            1:30-3:00, Mormon Church  <b>(Vietnam War Experiences... does not meet today)</b>            *<b>Climate Change</b> - S. Powers            "Solar Radiation" Suresh Dhaniyala            5:00-6:30, Clarkson, CAMP 163</p>	<p><b>3/19</b>  <b>Lifelines: Writing...</b> - Viki Levitt            10:00-11:30, Morey 117  <b>(Geology... does not meet today)</b>  <b>Fitness for Seniors</b> - Jim Murray            10:00-11:30, Maxcy Dance / Fitness  <b>Beginning Tai-Chi</b> - Pam March            12:00-1:00, Maxcy Dance Studio  <b>Shakespeare's The Tempest...</b>            Mark Coleman            12:30-3:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March            1:00-2:00, Maxcy Dance Studio</p>	<p><b>3/20</b>            *<b>Understading Media Power</b>            John Collins            10:00-12:00, Silas Wright House  <b>Using Avatars...</b> Dana Barry            1:00-2:30, Maxcy 104  <b>Tunisian Stitch Afghans</b>            Sue Ellen Mayville            1:00-2:30, Van Housen Link (Bubble) Room</p>	<p><b>3/21</b>  <b>Fitness for Seniors</b> - Jim Murray            10:00-11:30, Maxcy Dance / Fitness  <b>Geology of NY State: Part 3</b>            Bill Kirchgasser            10:00-11:30, Timerman 123  <b>Shakespeare's The Tempest...</b>            Mark Coleman            12:30-3:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March            1:00-2:00, Maxcy Dance Studio  <b>Eating and Chronic Diseases</b>            Karin Heckman            4:00-5:00, Flagg 102</p>	<p><b>3/22</b>  <b>Art Workshop B</b> - Leon LeBeau            10:00-12:00, Satterlee 314  <b>*Current Events</b> - John Casserly            10:30-12:00, Partridge Knoll  <b>*Adv. Contract Bridge</b>            Don Burlingame            1:00-3:00, Mayfield Apts.</p>
<p><b>3/25</b>            *<b>Veg. Cooking...</b>-Juanita Babcock            11:00-1:00, Knapps Station Church            *<b>Evol...Thought</b>-Michael Temkin            1:00-2:30, SLU, Johnson 244            *<b>Ballroom Dancing...</b>Hoyt/Crump            1:30-3:00, Mormon Church  <b>Vietnam War...</b>- T. &amp; N. Coakley            2:30-4:30, Maxcy 104            *<b>Climate Change</b> - Susan Powers            "Greenhouse Gases" S. Powers            5:00-6:30, Clarkson, CAMP 163</p>	<p><b>3/26(Lifelines... does not meet today)</b>  <b>Perfect Square</b> - Sam Vandervelde            9:00-10:30, Van Housen Ext.SB27A  <b>Geology...NY</b> - Bill Kirchgasser            10:00-11:30, Timerman            *<b>Medical Ethics</b> - David Hornung            10:30-12:00, Silas Wright House  <b>Beginning Tai-Chi</b> - Pam March            12:00-1:00, Maxcy Dance Studio  <b>Shakespeare's...Tempest</b> - M.Coleman            12:30-3:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March            1:00-2:00, Maxcy Dance Studio</p>	<p><b>3/27</b>  <b>Meet the Chef - George Arnold</b>            12pm Thatcher Hall, SUNY Potsdam            (info on p.3 &amp; on SOAR web site)            * * *  <b>Tunisian Stitch Afghans</b>            Sue Ellen Mayville            1:00-2:30, Van Housen Link (Bubble) Room</p>	<p><b>3/28</b>  <b>(Geology... does not meet today)</b>  <b>Shakespeare's The Tempest...</b>            Mark Coleman            12:30-3:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March            1:00-2:00, Maxcy Dance Studio  <b>Eating and Chronic Diseases</b>            Karin Heckman            4:00-5:00, Flagg 102</p>	<p><b>3/29</b>  <b>Art Workshop B</b> - Leon LeBeau            10:00-12:00, Satterlee 314  <b>*Current Events</b> - John Casserly            10:30-12:00, Partridge Knoll  <b>*Adv. Contract Bridge</b>            Don Burlingame            1:00-3:00, Mayfield Apts.</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY <i>p.2</i>
<p><b>4/1</b>  <b>*Evolutionary Thought</b>  Michael Temkin  1:00-2:30, SLU, Johnson 244  <b>*Ballroom Dancing...</b>Hoyt/Crump  1:30-3:00, Mormon Church  <b>Vietnam War...</b> T. &amp; N. Coakley  2:30-4:30, Maxcy 104  <b>Modern Canada...</b>- Art Johnson  3:15-4:45, Timerman 131  <b>*Climate Change...</b> - S. Powers  "On the Front Lines"- Jon Rosales  5:00-6:30, Clarkson, CAMP 175</p>	<p><b>4/2</b>  <b>Lifelines: Writing...</b> - Viki Levitt  10:00-11:30, Morey 117  <b>Geology of NY State: Part 3</b>  Bill Kirchgasser  10:00-11:30, Timerman  <b>*Medical Ethics</b> - David Hornung  10:30-12:00, Silas Wright House  <b>Flocks, Schools, Swarms</b>  Bill Romey  11:00-12:00, Timerman 121  <b>Beginning Tai-Chi</b> - Pam March  12:00-1:00, Maxcy Dance Studio  <b>Continuing Tai-Chi</b> - Pam March  1:00-2:00, Maxcy Dance Studio</p>	<p><b>4/3</b>  <b>Tunisian Stitch Afghans</b>  Sue Ellen Mayville  1:00-2:30, Van Housen Link  (Bubble) Room  <b>N. Country Authors V.</b>- Jim Barry  Tom French <i>River Views...</i>  2:00-3:30, Maxcy 104</p>	<p><b>4/4</b>  <b>Geology of NY State: Part 3</b>  Bill Kirchgasser  10:00-11:30, Timerman  <b>Continuing Tai-Chi</b> - Pam March  1:00-2:00, Maxcy Dance Studio  <b>*Queen Victoria..Descendants</b>  Fran Van Horne  1:00-2:30, Silas Wright House  <b>Eating and Chronic Diseases</b>  Karin Heckman  4:00-5:00, Flag 102</p>	<p><b>4/5</b>  <b>Art Workshop B</b> - Leon LeBeau  10:00-12:00, Satterlee 314  <b>*Current Events</b> - John Casserly  10:30-12:00, Partridge Knoll  <b>*Adv. Contract Bridge</b>  Don Burlingame  1:00-3:00, Mayfield Apts.  <b>Spring Constellations</b>  Bruce McClure  3:00-4:30, Stowell Planetarium</p>
<p><b>4/8</b>  <b>*Evolutionary Thought</b>  Michael Temkin  1:00-2:30, SLU, Johnson 244  <b>*Ballroom Dancing...</b>Hoyt/Crump  1:30-3:00, Mormon Church  <b>Conflict Resolution...</b>  Diana Dufresne  2:00-4:00, Maxcy 104  <b>Modern Canada...</b>- Art Johnson  3:15-4:45, Timerman 131  <b>Refresh...Spanish</b> - Rita Goldberg  3:30-5:00, Kellas 217  <b>Vietnam War...</b> T. &amp; N. Coakley  3:45-5:00(<i>time change</i>) Maxcy 104  <b>*Climate Change</b> - S. Powers  "Science...Policy..."- Stephen Bird  5:00-6:30, Clarkson, CAMP 175</p>	<p><b>4/9</b>  <b>Lifelines: Writing...</b> - Viki Levitt  10:00-11:30, Morey 117  <b>*Medical Ethics</b> - David Hornung  10:30-12:00, Silas Wright House  <b>Beginning Tai-Chi</b> - Pam March  12:00-1:00, Maxcy Dance Studio  <b>Science Fiction Overview...</b>  Frank Palumbo  12:30-2:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March  1:00-2:00, Maxcy Dance Studio</p>	<p><b>4/10</b>  <b>Japanese Language...</b> Kyoko Yapa  10:00-11:30, Van Housen Ext.SB27A  <b>Tunisian Stitch Afghans</b>  Sue Ellen Mayville  1:00-2:30, Van Housen Link  (Bubble) Room  <b>N. Country Authors V.</b>- Jim Barry  Jon Kopp <i>Tupper Lake...</i>  2:00-3:30, Maxcy 104</p>	<p><b>4/11</b>  <b>*Publishing an E-book</b>  Margaret Hockett  10:00-11:30, Silas Wright House  <b>*Mah Jongg</b>  Brenda Francey &amp; Kay Russell  10:00-12:00, Partridge Knoll  <b>Continuing Tai-Chi</b> - Pam March  1:00-2:00, Maxcy Dance Studio  <b>*Vicarious Voyagers</b> - R.Kreuzer  Peru/Bolivia - Juanita Babcock  1:00-2:30, Potsdam Civic Center  <b>*Queen Victoria..</b>- Fran Van Horne  1:00-2:30, Silas Wright House</p>	<p><b>4/12</b>  <b>Art Workshop B</b> - Leon LeBeau  10:00-12:00, Satterlee 314  <b>*Current Events</b> - John Casserly  10:30-12:00, Partridge Knoll  <b>*Adv. Contract Bridge</b>  Don Burlingame  1:00-3:00, Mayfield Apts.  <b>Spring Constellations</b>  Bruce McClure  3:00-4:30, Stowell Planetarium</p>
<p><b>4/15</b>  <b>Mod. Cinema...Hero's Journey</b>  Peggy Mooers  11:00-1:45, Kellas 217  <b>*Ballroom Dancing...</b>Hoyt/Crump  1:30-3:00, Mormon Church  <b>Conflict Resolution...</b>  Diana Dufresne  2:00-3:30, Maxcy 104  <b>Modern Canada...</b>- Art Johnson  3:15-4:45, Timerman 131  <b>Refresh...Spanish</b> - Rita Goldberg  3:30-5:00, Kellas 217</p>	<p><b>4/16</b>  <b>Lifelines: Writing...</b> - Viki Levitt  10:00-11:30, Morey 117  <b>*Studies in the Sonnet</b>  Robert DeGraaff  10:30-12:00, Partridge Knoll  <b>*Medical Ethics</b> - David Hornung  10:30-12:00, Silas Wright House  <b>Beginning Tai-Chi</b> - Pam March  12:00-1:00, Maxcy Dance Studio  <b>Science Fiction Overview...</b>  Frank Palumbo  12:30-2:00, Kellas 217  <b>Continuing Tai-Chi</b> - Pam March  1:00-2:00, Maxcy Dance Studio</p>	<p><b>4/17</b>  <b>Japanese Language...</b> Kyoko Yapa  10:00-11:30, Van Housen Ext.SB27A  <b>Tunisian Stitch Afghans</b>  Sue Ellen Mayville  1:00-2:30, Van Housen Link  (Bubble) Room  <b>N. Country Authors V.</b>- Jim Barry  Mike Seymour ...<i>Guide...Fishing</i>  2:00-3:30, Maxcy 104</p>	<p><b>4/18</b>  <b>*Bayside Cemetery-Tour 1</b>  Susan Omohundro  10:00-12:00, Bayside Cemetery  <b>*Mah Jongg</b> - B.Francey/K.Russell  10:00-12:00, Partridge Knoll  <b>Continuing Tai-Chi</b> - Pam March  1:00-2:00, Maxcy Dance Studio  <b>*Vicarious Voyagers</b> - R.Kreuzer  Brazil - Lynn &amp; Nils Ekfelt  1:00-2:30, Potsdam Civic Center  <b>*Queen Victoria..</b>- Fran Van Horne  1:00-2:30, Silas Wright House</p>	<p><b>4/19</b>  <b>Art Workshop B</b> - Leon LeBeau  10:00-12:00, Satterlee 314  <b>*Current Events</b> - John Casserly  10:30-12:00, Partridge Knoll  <b>*Adv. Contract Bridge</b>  Don Burlingame  1:00-3:00, Mayfield Apts.  <b>Spring Constellations</b>  Bruce McClure  3:00-4:30, Stowell Planetarium</p>
<p><b>Saturday 4/20 REMINDER</b>  <b>Trip to Ottawa</b></p>				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY <i>p.3</i>
<b>4/22</b> <b>Mod. Cinema...Hero's Journey</b> Peggy Mooers 11:00-1:45, Kellas 217 <b>*Ballroom Dancing...Hoyt/Crump</b> 1:30-3:00, Mormon Church <b>Conflict Resolution...</b> Diana Dufresne 2:00-4:00, Maxcy 104 <b>Modern Canada...-</b> Art Johnson 3:15-4:45, Timerman 131 <b>Refresh...Spanish</b> - Rita Goldberg 3:30-5:00, Kellas 217	<b>4/23</b> <b>Quilt Project</b> - Chloe Ann O'Neil 10:00-12:00, Van Housen Ext.SB27A <b>*Studies in the Sonnet</b> Robert DeGraaff 10:30-12:00, Partridge Knoll <b>Beginning Tai-Chi</b> - Pam March 12:00-1:00, Maxcy Dance Studio <b>Science Fiction Overview...</b> Frank Palumbo 12:30-2:00, Kellas 217 <b>Continuing Tai-Chi</b> - Pam March 1:00-2:00, Maxcy Dance Studio	<b>4/24</b> <b>Alexander Technique</b> Beth Robinson 12:30-2:00, Maxcy Dance Studio <b>Tunisian Stitch Afghans</b> Sue Ellen Mayville 1:00-2:30, Van Housen Link (Bubble) Room <b>N. Country Authors V.-</b> Jim Barry Caron Collins <i>Messengers of Music</i> 2:00-3:30, Maxcy 104	<b>4/25</b> <b>*Creative Eng. Grammar II</b> John Jaunzems 10:00-11:30, Silas Wright House <b>*Bayside Cemetery-Tour 2</b> Susan Omohundro 10:00-12:00, Bayside Cemetery <b>*Mah Jongg</b> - B.Francey/K.Russell 10:00-12:00, Partridge Knoll <b>Continuing Tai-Chi</b> - Pam March 1:00-2:00, Maxcy Dance Studio <b>*Vicarious Voyagers</b> - R.Kreuzer Nicaragua - S.White / E.Calderón 1:00-2:30, Potsdam Civic Center <b>*Queen Victoria..-</b> Fran Van Horne 1:00-2:30, Silas Wright House	<b>4/26</b> <b>Art Workshop B</b> - Leon LeBeau 10:00-12:00, Satterlee 314 <b>*Current Events</b> - John Casserly 10:30-12:00, Partridge Knoll <b>*Tracing...Colonial Am. Ancesters</b> Jennifer Baird Bixby 1:00-2:30, Silas Wright House <b>*Adv. Contract Bridge</b> Don Burlingame 1:00-3:00, Mayfield Apts.
<b>4/29</b> <b>Mod. Cinema...Hero's Journey</b> Peggy Mooers 11:00-1:45, Kellas 217 <b>*Ballroom Dancing...Hoyt/Crump</b> 1:30-3:00, Mormon Church <b>Conflict Resolution... this class</b> <i>day canceled</i> <b>Refresh...Spanish</b> - Rita Goldberg 3:30-5:00, Kellas 217	<b>4/30</b> <b>Quilt Project</b> - Chloe Ann O'Neil 10:00-12:00, Van Housen Ext.SB27A <b>*Studies in the Sonnet</b> Robert DeGraaff 10:30-12:00, Partridge Knoll <b>Beginning Tai-Chi</b> - Pam March 12:00-1:00, Maxcy Dance Studio <b>Outbreaks on Social Networks</b> Erik Bollt 12:30-1:45, Maxcy 104 <b>Continuing Tai-Chi</b> - Pam March 1:00-2:00, Maxcy Dance Studio	<b>5/1</b> <b>*Blacksmithing...Ore to Axe</b> Martin Snye 10:00-12:00, Silas Wright House <b>Indoor Rock Climbing</b> Adam Wheeler 1:00-3:00, Maxcy 104 /Field Hse <b>Tunisian Stitch Afghans</b> Sue Ellen Mayville 1:00-2:30, Van Housen Link (Bubble) Room	<b>5/2</b> <b>*Building...Bones</b> - Stacey Zeigler 10:00-11:30, Clarkson Hall <b>*Creative Eng. Grammar II</b> John Jaunzems 10:00-11:30, Silas Wright House <b>*Mah Jongg</b> - B.Francey/K.Russell 10:00-12:00, Partridge Knoll <b>Continuing Tai-Chi</b> - Pam March 1:00-2:00, Maxcy Dance Studio <b>*Vicarious Voyagers</b> - R.Kreuzer Chile - David Powers 1:00-2:30, Potsdam Civic Center	<b>5/3</b> <b>Art Workshop B</b> - Leon LeBeau 10:00-12:00, Satterlee 314 <b>*Current Events</b> - John Casserly 10:30-12:00, Partridge Knoll <b>*Adv. Contract Bridge</b> Don Burlingame 1:00-3:00, Mayfield Apts.

(cont. from p.1) **MORE SCHEDULING NOTES:**

**3. These courses have a "gap" in their schedule:**

Lifelines: Writing Your Way In (no class: 3/26)  
Geology of NY State Part 3 (no classes: 3/19, 3/28)  
Vietnam War Experiences... (no class: 3/18)

**4. These courses meet more than once a week:**

Building Better Bones  
Continuing Tai-Chi  
Fitness for Seniors  
Geology of NY State Part 3  
Shakespeare's *The Tempest* on Film

**5. This tour is offered twice:**

Bayside Cemetery: A Tour

**6. This course meets once at a different time slot:**

Vietnam War Experiences... (on 4/8 meets later at 3:45-5:00)

For trip and event details, refer to the flyers or go to the  
"Events / Trips" section on the home page of the SOAR web site:

[www.soarnorthcountry.org](http://www.soarnorthcountry.org)

**MEET the CHEF - George Arnold**

(Director of Dining Services at SUNY Potsdam)

SUNY POTSDAM - Thatcher Hall (2nd Floor)

LUNCH BUFFET

Wednesday, March 27 - 12:00pm

Cost: \$10 - register & pay by: Wednesday March 13

**BUS TRIP to Dinner Theater in Ottawa**

"The Curse of the Pekinese Peregrine"

(a murder mystery)

Saturday, April 20

Cost: \$97 - register & pay by: Monday, April 8

(includes: bus, tolls, theater ticket, and dinner)

Cap: 45

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY <i>p.4</i>
<b>5/6</b> <b>Grieving...Property Assessment</b> Bruce Konkoski 10:00-12:00, Maxcy 104 <b>Modern Cinema...</b> - P. Mooers 11:00-1:45, Kellas 217 <b>Invasive Species...</b> - Paul Hetzler 1:00-3:00, Maxcy 104 <b>*Ballroom Dancing...</b> Hoyt/Crump 1:30-3:00, Mormon Church <b>Dancing and Dance</b> Malcolm McCormick 3:15-4:45, Maxcy 104 <b>Refresh...Spanish</b> - Rita Goldberg 3:30-5:00, Kellas 217	<b>5/7</b> <b>*Building...Bones</b> - Stacey Zeigler 10:00-11:30, Clarkson Hall, CU <b>*Studies in the Sonnet</b> Robert DeGraaff 10:30-12:00, Partridge Knoll <b>Beginning Tai-Chi</b> - Pam March 12:00-1:00, Maxcy Dance Studio  <b>Continuing Tai-Chi</b> - Pam March 1:00-2:00, Maxcy Dance Studio	<b>5/8</b> <b>*Frederic Remington and General Miles</b> - Trent Trulock 10:00-11:00, Silas Wright House <b>Play with Your Food</b> Katie Fowler and Joe Skufca 1:00-2:30, Maxcy 104 <b>Tunisian Stitch Afghans</b> Sue Ellen Mayville 1:00-2:30, Van Housen Link (Bubble) Room	<b>5/9</b> <b>*Building...Bones</b> - Stacey Zeigler 10:00-11:30, Clarkson Hall, CU <b>*Creative Eng. Grammar II</b> John Jaunzems 10:00-11:30, Silas Wright House <b>Continuing Tai-Chi</b> -Pam March 1:00-2:00, Maxcy Dance Studio <b>*Abraham Lincoln and Walt Whitman</b> - Terry Niles 1:30-3:00, Silas Wright House	<b>5/10</b> <b>*Current Events</b> - John Casserly 10:30-12:00, Partridge Knoll <b>The Amish</b> - Karen Johnson-Weiner 1;00-3:00, Maxcy 104
<b>5/13</b> <b>*Potsdam...Architectural History</b> Mimi Van Deusen 10:00-11:30, Potsdam Civic Center <b>Invasive Species...</b> - Paul Hetzler 1:00-3:00, Maxcy 104 <b>*Ballroom Dancing...</b> Hoyt/Crump 1:30-3:00, Mormon Church <b>Dancing &amp; Dance</b> - M.McCormick 3:15-4:45, Maxcy 104	<b>5/14</b> <b>*Building...Bones</b> - Stacey Zeigler 10:00-11:30, Clarkson Hall, CU <b>Beginning Tai-Chi</b> - Pam March 12:00-1:00, Maxcy Dance Studio <b>Continuing Tai-Chi</b> - Pam March 12:30-1:30, Maxcy Dance Studio	<b>5/15</b> <b>*Good Digestive Health</b> Rainbow Crabtree 10:00-11:00, Silas Wright House <b>Tunisian Stitch Afghans</b> Sue Ellen Mayville 1:00-2:30, Van Housen Link (Bubble) Room	<b>5/16</b> <b>*Building...Bones</b> - Stacey Zeigler 10:00-11:30, Clarkson Hall, CU <b>*Creative Eng. Grammar II</b> John Jaunzems 10:00-11:30, Silas Wright House <b>Continuing Tai-Chi</b> -Pam March 1:00-2:00, Maxcy Dance Studio <b>*Abraham Lincoln...</b> Terry Niles 1:30-3:00, Silas Wright House <i>new</i>	<b>5/17</b> <b>*Current Events</b> - John Casserly 10:30-12:00, Partridge Knoll
<b>5/20</b> <b>*Ballroom Dancing...</b> Hoyt/Crump 1:30-3:00, Mormon Church <b>Dancing &amp; Dance</b> - M.McCormick 3:15-4:45, Maxcy 104	<b>5/21</b> <b>*Building...Bones</b> - Stacey Zeigler 10:00-11:30, Clarkson Hall, CU <b>Beginning Tai-Chi</b> - Pam March 12:00-1:00, Maxcy Dance Studio <b>Continuing Tai-Chi</b> - Pam March 12:30-1:30, Maxcy Dance Studio	<b>5/22</b>	<b>5/23</b> <b>SOAR Luncheon</b> Barrington Student Union MPR NOTE the date! ( <i>more info will come in the spring newsletter</i> )	<b>5/24</b>

## CONTACT SOAR:

For more information, or to view the latest updates and documents, visit the **SOAR web site:**

**[www.soarnorthcountry.org](http://www.soarnorthcountry.org)**

The **SOAR office** is located on the SUNY Potsdam campus, in Van Housen Extension, Room 382

**Office hours:** 9:00-2:00 MWF (*hours may vary when SOAR is not in session*)

**Phone:** (315) 267-2690    **Email:** [soar@potsteam.edu](mailto:soar@potsteam.edu)

**Postal mailing address:**

**SOAR**  
389 Van Housen Extension  
SUNY Potsdam  
44 Pierrepont Avenue  
Potsdam, New York 13676

(SOAR mailbox  
is in room 389)

*For brief info on locations, see mailing insert or, for more detailed info (including descriptions, directions, parking, maps, and photos), view "LOCATIONS" at:*  
**[www.soarnorthcountry.org](http://www.soarnorthcountry.org)**

