

# SOAR Course Registration Form for Spring 2012

(March 12, 2012 to May 23, 2012)

(PLEASE: Complete both sides)

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

## REGISTRATION and OTHER REMINDERS:

- **Sign up only for courses you plan to attend regularly**
- Tell the ambassador or presenter if you need to miss a day
- **Call the office:** 1) **to drop a course** – a wait-listed person can then fill your spot, 2) **to register late**, i.e. for a course after it has started – permission is needed
- **Web site:** detailed location info, closed courses, later changes, etc. posted at: **www.soarnorthcountry.org**
- **Registering:** your registration is processed in the order received and a confirmation is mailed back to you
- The fall 2011 **nametag** is good for spring 2012. Wear it. (*Keep your name tag holder to use next semester.*)
- Your **parking permit** is good through Aug. 31, 2012. Use it when on the SUNY Potsdam campus.

*Circle your check marks for any course for which you could volunteer to be ambassador*

**LOCATION KEY** (for non-SUNY Potsdam campus locations only) (*numbers after the title indicate the course start date*)

**Canton:** CFL = Canton Free Library; PK = Partridge Knoll; SLU = St. Lawrence U.; SW = Silas Wright

**Potsdam:** CPTD = Clarkson Physical Therapy Department; CSRR = Christian Science Reading Room; MA = Mayfield Apts; MC = Mormon Church; PCC = Civic Center; PPL = Potsdam Public Library

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|--|--|
| S-12-01 _____ <b>Advanced Contract Bridge</b> (3/28) MA    | S-12-30 _____ <b>Grass Pellets...</b> (4/19) SW              |
| S-12-02 _____ <b>Aging: Cross-Cultural...</b> (3/23)       | S-12-31 _____ <b>Hamlet on Film</b> (4/20)                   |
| S-12-03 _____ <b>American Silver...</b> (4/17) SW          | S-12-32 _____ <b>Human Memory...</b> (3/30) SLU              |
| S-12-04 _____ <b>Americans at War: 1860-1865</b> (5/9)     | S-12-33 _____ <b>Japan and the US...</b> (3/15)              |
| S-12-05 _____ <b>Arctic Tundra Expeditions</b> (3/21)      | S-12-34 _____ <b>Laura Ingalls Wilder...</b> (3/21)          |
| S-12-06 _____ <b>Art Workshop B</b> (3/16)                 | S-12-35 _____ <b>Mah Jongg</b> (4/12) PK                     |
| S-12-07 _____ <b>Ballroom Dancing...</b> (3/12) MC         | S-12-36 _____ <b>Mercury Cycling...Environment</b> (4/2)     |
| S-12-08 _____ <b>Beginning Tai-Chi</b> (3/13)              | S-12-37 _____ <b>Mexican Train Dominoes</b> (3/27) PK        |
| S-12-09 _____ <b>Building Better Bones</b> (5/3) CPTD      | S-12-38 _____ <b>Monarch Butterflies...</b> (5/10) SW        |
| S-12-10 _____ <b>Calligraphy: Roman...</b> (4/11)          | S-12-39 _____ <b>The Music of the Beatles</b> (4/27)         |
| S-12-11 _____ <b>Cave to Concert Hall</b> (5/18)           | S-12-40 _____ <b>Nanotechnology for...Health</b> (3/16)      |
| S-12-12 _____ <b>China and the West</b> (5/8) PCC          | S-12-41 _____ <b>The New Age...</b> (4/30)                   |
| S-12-13 _____ <b>Claxton-Hepburn History...</b> (4/4) SW   | S-12-42 _____ <b>Numerology for Fun</b> (4/2) PK             |
| S-12-14 _____ <b>Climate Change Science...</b> (5/21) CFL  | S-12-43 _____ <b>Perennialism: Deep Roots...</b> (4/6)       |
| S-12-15 _____ <b>Coffee, Gossip, and Math</b> (5/15) SW    | S-12-44 _____ <b>Precious Cameos...</b> (4/13) PCC           |
| S-12-16 _____ <b>Computers à la Carte</b> (TBA) PPL        | S-12-45 _____ <b>Ray Bradbury...</b> (3/14)                  |
| S-12-17 _____ <b>Continuing Tai-Chi</b> (3/13)             | S-12-46 _____ <b>Religious Etymology</b> (3/12)              |
| S-12-18 _____ <b>Current Events</b> (3/16) PK              | S-12-47 _____ <b>Researching the Paranormal...</b> (5/22) SW |
| S-12-19 _____ <b>Cyber Terrorism: Is It Real?</b> (5/1) SW | S-12-48 _____ <b>Rushton: The Stradivarius...</b> (3/23) SW  |
| S-12-20 _____ <b>Decision Making under Risk...</b> (4/13)  | S-12-49 _____ <b>Sampling and Polling...</b> (5/2) SW        |
| S-12-21 _____ <b>Digestive Wellness...Health</b> (4/9) PCC | S-12-50 _____ <b>Spiritual Healing...</b> (4/24) CSRR        |
| S-12-22 _____ <b>Dry Ice Demonstrations</b> (4/10) CFL     | S-12-51 _____ <b>Spring and Summer Sky 2012</b> (3/29)       |
| S-12-23 _____ <b>Early Canada to 1867</b> (4/5)            | S-12-52 _____ <b>Taking Control of Arthritis</b> (4/11)      |
| S-12-24 _____ <b>Early Lighting Devices</b> (5/2) SW       | S-12-53 _____ <b>Tatting</b> (4/11)                          |
| S-12-25 _____ <b>Edgar Cayce Exercises</b> (4/30)          | S-12-54 _____ <b>Vicarious Voyagers X</b> (4/20) PCC         |
| S-12-26 _____ <b>50+ Yoga</b> (4/6)                        | S-12-55 _____ <b>Warfare in Ancient Greece</b> (4/2)         |
| S-12-27 _____ <b>First Ladies... (Part 2)</b> (3/15) PK    | S-12-56 _____ <b>Weather or Not</b> (4/10)                   |
| S-12-28 _____ <b>Fitness for Seniors</b> (3/13)            | S-12-57 _____ <b>Women's Athletics</b> (3/13) PK             |
| S-12-29 _____ <b>Geology of NY State: Part 2</b> (3/20)    | S-12-58 _____ <b>Zumba Gold</b> (4/26)                       |

**QUESTIONS?** Check the SOAR web site or contact SOAR:  
**www.soarnorthcountry.org** Email: soar@potdam.edu  
 SOAR office: Room 382 Van Housen Ext. SUNY Potsdam  
 Hours: 9:00-2:00 MWF Phone: (315) 267-2690

**For Office Use Only** update 02/10/12  
 Current \_\_\_\_\_ Lapsed \_\_\_\_\_ New \_\_\_\_\_  
 Ck Number \_\_\_\_\_ Ck Date \_\_\_\_\_  
 No Parking Permit Needed \_\_\_\_\_

**MEMBERSHIP STATUS:** *Check one of the following as your current status:*

1. **Current member** (paid dues in fall 2011). *Please skip down to the suggestions/volunteer box.*  
 2. **Lapsed member** (did NOT pay fall 2011 yearly dues). *Please fill out the rest of this page*  
 3. **New member** *Please fill out the rest of this page; also tell us how you learned about SOAR:*  
 Friend,  Poster/Flyer,  Ad,  Brochure,  Course Booklet,  News Article,  
 Web Site,  Other (*explain*):

## **NEW and LAPSED MEMBERSHIP ENROLLMENT** (Spring 2012)

**PLEASE NOTE:** The Waiver/Release Form must be signed and dated: 1) to activate your renewal, 2) to reinstate your lapsed membership, or 3) to initiate a new membership.

*New and lapsed members: please sign the waiver and complete the rest of this page:*

**WAIVER / RELEASE FORM – for new & lapsed members** (Waiver applies thru August 31, 2012)

Name (*please print*): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**I understand that the SOAR Board of Directors, course instructors and SUNY Potsdam, its Trustees, employees and agents have no legal responsibility for my physical welfare while I am a member of SOAR or a participant in any SOAR class or sponsored activity. I therefore agree to hold these groups harmless for any claims for personal injury or damage arising out of my association with SOAR.**

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

New and lapsed members: send this form and your \$65 membership check (*made out to "PACES-235"*) to:  
**SOAR, 389 Van Housen Ext., SUNY Potsdam, 44 Pierrepont Ave., Potsdam, NY 13676**

*In the box below, please add your suggestions and update your volunteer interests:*

### **FOR ALL MEMBERS: SUGGESTIONS / VOLUNTEERING FORM**

**What suggestions do you have for future courses, presenters, events or trips?**

*SOAR is a member run organization. How would you like to be involved? (Circle all that interest you)*

**COMMITTEES:** Ambassadors \* Trips and Performances \* Curriculum \* Scheduling \* Registration \* Membership \* Administration and Finance \* Outreach and Publicity \* Newsletter \* Nominating and Awards \* Board of Directors \* Presenter Communications

**OTHER:** Course Presenter \* Course Ambassador \* Volunteer in the office \* Speak about SOAR to local groups \* Share technology skills \* Proofreading data/text \* Enter data onto web site \* Do one-time tasks \* Don't know, but want to help \*

SOAR course presenters are unpaid volunteers who mainly come from the membership. SOAR hopes that some day you might present a SOAR course. **Please indicate your experience, skills, or expertise that may be of interest to other SOAR members:**

Phone SOAR: 315-267-2690

(PLEASE: Complete both sides)

Email SOAR: [soar@potsdam.edu](mailto:soar@potsdam.edu)