# SOAR COURSE SCHEDULE FOR SPRING 2012 March 12 - May 23, 2012

#### **SCHEDULING NOTES:**

#### See page 4 for brief locations and parking info

updated: 02/15/12

- 1. An asterisk \* indicates that this course or event is held off SUNY Potsdam campus
- 2. Color red (web version only) = start of a new course or change since printing
- 3. "Computers à la Carte" # sessions, days, dates, times TBA by the instructor

- 4. Meets twice a week [Tu/Th]: "Fitness for Seniors"; "Continuing Tai Chi"; "Geology of NY State"; "Building Better Bones"
- 5. "Fitness for Seniors" starts in Maxcy Dance Studio; then Fitness Center

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.1
3/12 Religious Etymology Behrooz Bassim 10:00-11:00, Van Housen Ext.SB27A *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	3/13 Fitness for Seniors - Jim Murray 10:00-11:00, Dance Studio and	3/14	3/15 Fitness for Seniors - Jim Murray 10:00-11:00, Dance Studio and Fitness Center Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio Japan and the US - Dana Barry 1:00-2:30, Maxcy 104 *First Ladies Fran Van Horne 1:30-3:00, Partridge Knoll	3/16
3/19 *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	3/20 Geology of NY State Bill Kirchgasser 9:00-10:30, Timerman 123 Fitness for Seniors - Jim Murray 10:00-11:00, Dance Studio and Fitness Center *Women's Athletics - Dotty Hall 10:30-12:00, Partridge Knoll Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio	3/21 Ray Bradbury Frank Palumbo 12:30-2:00, Kellas 217 Arctic Tundra Expeditions Ralph Bathelt 1:00-2:00, Maxcy 104 Laura Ingalls Wilder: Beyond the Little House Books Jane Subramanian 2:30-4:00, Maxcy 104	3/22	3/23 Aging: Cross-Cultural Perspectives - Alan Herkser 10:00-11:30, Maxcy 104 Art Workshop B - Leon LeBeau 10:00-12:00, Satterlee 314 *Current Events - John Casserly 10:30-12:00, Partridge Knoll *Rushton: The Stradivarius of the Canoe - Trent Trulock 1:00-2:30, SLCHA: Silas Wright
3/26 *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	3/27 Geology of NY State Bill Kirchgasser 9:00-10:30, Timerman 123 Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio *Mexican Train Dominoes Faye Hopper 1:00-3:00, Partridge Knoll	3/28 Ray Bradbury Frank Palumbo 12:30-2:00, Kellas 217 *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts. Laura Ingalls Wilder Jane Subramanian 2:30-4:00, Maxcy 104	3/29 Geology of NY State Bill Kirchgasser 9:00-10:30, Timerman 123 Spring & Summer Sky 2012 Aileen O'Donoghue 9:00-11:00, Stowell 211 Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio *First Ladies Fran Van Horne 1:30-3:00, Partridge Knoll	3/30 Aging: Cross-Cultural Perspectives - Alan Herkser 10:00-11:30, Maxcy 104 Art Workshop B - Leon LeBeau 10:00-12:00, Satterlee 314 *Current Events - John Casserly 10:30-12:00, Partridge Knoll *Human Memory: How it Works (or Doesn't) Alan Searleman 1:30-3:30, SLU: Valentine 104

**CONTACT SOAR:** 

visit in person: Room 382 Van Housen Ext. phone: (315) 267-2690 email: soar@potsdam.edu write: SOAR, 389 Van Housen Ext., SUNY Potsdam, Potsdam, NY 13676

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.2
4/2 Mercury Cycling Tom Holsen 10:00-11:00, Van Housen Ext.SB27A *Numerology Donna Wright 10:30-12:00, Partridge Knoll Warfare in Ancient Greece Sarah Melville 1:00-2:30, Maxcy 104 *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	Geology of NY State Bill Kirchgasser 9:00-10:30, Timerman 123 Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio *Mexican Train Dominoes Faye Hopper 1:00-3:00, Partridge Knoll	Claxton-Hepburn History Cindy Clusen (w/Fran Van Horne) 10:00-11:00, SLCHA: Silas Wright  Meet the Chef - Julian's - 1pm (payment due by 03/26/12)  *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts.		10:30-12:00, Van Housen Labyrinth
*Digestive Wellness for Vital Health - Martha Pickard Palmer 10:00-11:00, Potsdam Civic Center Warfare in Ancient Greece Sarah Melville 1:00-2:30, Maxcy 104 *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	4/10  Weather or Not - Ray Toland 9:30-11:00, Van Housen Ext. SB27A  *Dry Ice Demonstrations Jim Barry / Suna Stone-McMasters 10:00-11:30, Canton Free Library  Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio  *Mexican Train Dominoes Faye Hopper 1:00-3:00, Partridge Knoll	4/11 Calligraphy: Roman Round Hand - Martha Grow 10:00-11:30, Van Housen Ext.SB27A Tatting - Betty Mauk 10:00-11:30, Van Housen Link ("Bubble Room") Taking Control of Arthritis Ada Santaferra 1:00-2:30, Maxcy 104 *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts.	*Mah Jongg Brenda Francey & Kay Russell 10:00-12:00, Partridge Knoll Early Canada to 1867 - Art Johnson 12:30-2:00, Kellas 101 Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio	4/13 Art Workshop B - Leon LeBeau 10:00-12:00, Satterlee 314 *Current Events - John Casserly 10:30-12:00, Partridge Knoll 50+ Yoga - Ellen Beeler 10:30-12:00, Van Housen Labyrinth Decision Making under Risk and Uncertainty - Andreas Wilke 1:00-3:00, Maxcy 104 *Precious Cameos: Greek to Vicatorian - Radmila Zuman 1:00-3:00, Potsdam Civic Centrer
4/16 Warfare in Ancient Greece Sarah Melville 1:00-2:30, Maxcy 104 *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	4/17  Weather or Not - Ray Toland 9:30-11:00, Van Housen Ext. SB27A  *American Silver Jackie Hodges 10:00-12:00, SLCHA: Silas Wright Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio *Mexican Train Dominoes Faye Hopper 1:00-3:00, Partridge Knoll	4/18 Calligraphy Martha Grow 10:00-11:30, Van Housen Ext.SB27A Tatting - Betty Mauk 10:00-11:30, Van Housen Link ("Bubble Room") Taking Control of Arthritis Ada Santaferra 1:00-2:30, Maxcy 104 *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts.	* Grass Pellets Art Hurlbut 10:00-11:30, SLCHA: Silas Wright *Mah Jongg Brenda Francey & Kay Russell 10:00-12:00, Partridge Knoll Early Canada to 1867 - Art Johnson 12:30-2:00, Kellas 101 Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio	4/20 Art Workshop B - Leon LeBeau 10:00-12:00, Satterlee 314 Hamlet on Film - Mark Coleman 10:00-12:30, Kellas 217 *Current Events - John Casserly 10:30-12:00, Partridge Knoll 50+ Yoga - Ellen Beeler 10:30-12:00, Van Housen Labyrinth *Vicarious Voyagers X Radmila Zuman (Prague) 1:00-2:30, Potsdam Civic Center

- Sign up only for courses you plan to attend regularly
- REMINDERS: Tell the ambassador or presenter if you need to miss a day
  - Call the office (267-2690): 1) to drop a course a wait-listed person can then fill your spot, 2) to register late, i.e. for a course after it has started – permission is needed
  - Web site: detailed location info, closed courses, later changes, last minute notices, etc. posted at: www.soarnorthcountry.org
- Registering: your registration is processed in the order received and a confirmation is mailed back to you
- The fall 2011 nametag is good for spring 2012. Wear it. (Keep your name tag holder to use next semester.)
- Your parking permit is good through Aug. 31, 2012. Use it when on the SUNY Potsdam campus.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.3
4/23 Warfare in Ancient Greece Sarah Melville 1:00-2:30, Maxcy 104 *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	4/24	4/25 Calligraphy Martha Grow 10:00-11:30, Van Housen Ext.SB27A Tatting - Betty Mauk 10:00-11:30, Van Housen Link ("Bubble Room") Taking Control of Arthritis Ada Santaferra 1:00-2:30, Maxcy 104 *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts.  ** free public talk on water by Charles Fishman 7:30pm Snell Hall SUNY Potsdam	4/26 *Mah Jongg Brenda Francey & Kay Russell 10:00-12:00, Partridge Knoll Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio Zumba Gold - June Peoples 2:30-3:30, Maxcy Dance Studio	4/27  Music of the Beatles Doug Rubio 9:30-11:00, Maxcy 104  Art Workshop B - Leon LeBeau 10:00-12:00, Satterlee 314  Hamlet on Film - Mark Coleman 10:00-12:30, Kellas 217  *Current Events - John Casserly 10:30-12:00, Partridge Knoll  50+ Yoga - Ellen Beeler 10:30-12:00, Van Housen Labyrinth  *Vicarious Voyagers X  Eileen Raymond (South Africa) 1:00-2:30, Potsdam Civic Center
<b>About</b> - Charles Bradt	Weather or Not - Ray Toland 9:30-11:00, Van Housen Ext. SB27A *Cyber Terrorism: Is It Real? Harinda Vidanage 10:00-11:30, SLCHA: Silas Wright Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio	*Sampling & Polling Processes Michael Schuckers 10:00-11:00, SLCHA: Silas Wright Calligraphy Martha Grow 10:00-11:30, Van Housen Ext.SB27A Tatting - Betty Mauk 10:00-11:30, Van Housen Link ("Bubble Room") *Early Lighting Devices Carlton Stickney 1:00-2:30, SLCHA: Silas Wright *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts.	Brenda Francey & Kay Russell	5/4 MusicBeatles - Doug Rubio 9:30-11:00, Maxcy 104 Art Workshop B - Leon LeBeau 10:00-12:00, Satterlee 314 Hamlet on Film - Mark Coleman 10:00-12:30, Kellas 217 *Current Events - John Casserly 10:30-12:00, Partridge Knoll *Vicarious Voyagers X Poojitha Yapa (Sri Lanka) 1:00-2:30, Potsdam Civic Center
5/7 The New Age - Charles Bradt 10:00-11:30, Van Housen Ext. SB27A *Ballroom Dancing Van Hoyt & Diane Crump 2:00-3:30, Mormon Church	*China and the West Ina Brockriede 10:00-11:30, Potsdam Civic Center *BuildingBones - Stacey Zeigler 10:30-12:00, Clarkson Hall, PT Dept Beginning Tai-Chi - Pam March 12:00-1:00, Maxcy Dance Studio Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio	*Sampling & Polling Processes Michael Schuckers 10:00-11:00, SLCHA: Silas Wrigh Calligraphy Martha Grow 10:00-11:30, Van Housen Ext.SB27A Tatting - Betty Mauk 10:00-11:30, Van Housen Link ("Bubble Room") Americans at War: 1860-1865 Lou Ann Lange 1:00-2:00, Maxcy 104 *Advanced Contract Bridge Don Burlingame 2:00-4:00, Mayfield Apts.	Way Stations Cindy Quackenbush 10:00-11:00, SLCHA:Silas Wright *BuildingBones - Stacey Zeigler 10:30-12:00, Clarkson Hall, PT Dept Continuing Tai-Chi -Pam March 1:00-2:00, Maxcy Dance Studio	9:30-11:00, Maxcy 104 <b>Hamlet on Film</b> - Mark Coleman

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY p.4
5/14	5/15	5/16	5/17	5/18
	*Coffee, Gossip, and Math	*Sampling & Polling Processes		
10:00-11:30, Van Housen Ext. SB27A		Michael Schuckers	10:30-12:00, Clarkson Hall, PT Dept	8:30-10:00, Maxcy 104
Americans at WarLou Ann Lange	10:00-11:30, SLCHA: Silas Wright	10:00-11:00, SLCHA: Silas Wright		Hamlet on Film - Mark Coleman
1:00-2:00, Maxcy 104		Americans at WarLou Ann Lange		10:00-12:30, Kellas 217
*Ballroom Dancing	10:00-11:30, Potsdam Civic Center	1:00-2:00, Maxcy 104	Zumba Gold - June Peoples	*Current Events - John Casserly 10:30-12:00, Partridge Knoll
Van Hoyt & Diane Crump	*BuildingBones - Stacey Zeigler	*Advanced Contract Bridge	2:30-3:30, Maxcy Dance Studio	Cave to Concert Hall - Roy
2:00-3:30, Mormon Church	10:30-12:00, Clarkson Hall, PT Dept	Don Burlingame 2:00-4:00, Mayfield Apts.		Schaberg (w/Julie Miller)
1	<b>Beginning Tai-Chi -</b> Pam March 12:00-1:00, Maxcy Dance Studio	2.00 1.00, May note 1 pts.		1:00-2:30, Crane: Wakefield
1	Continuing Tai-Chi - Pam March			Recital Hall
1	1:00-2:00, Maxcy Dance Studio			
5/21	5/22	5/23		
The New Age Charles Bradt	*China & the West - Ina Brockriede			Ct I D' C '
10:00-11:30, Van Housen Ext. SB27A		SOAR LUNCHEON		St. Lawrence River Cruise
Americans at WarLou Ann Lange		11:30-2:00		Two Nations Uncle Sam Boat Tour
1:00-2:00, Maxcy 104	10:30-12:00, Clarkson Hall, PT Dept	(		(narrated cruise, buffet luncheon,
	Beginning Tai-Chi - Pam March	, -		self-guided tour of Boldt Castle)
Policy - Jon Rosales	12:00-1:00, Maxcy Dance Studio	<b>Barrington Student Union</b>		Wednesday, June 13
6:00-8:00pm, Canton Free Library	Continuing Tai-Chi - Pam March 1:00-2:00, Maxcy Dance Studio	(more details and sign-up form in the spring newsletter)		(boarding at 12:30)
1	*Researching the Paranormal	in the spring newstetter)		\$37.50 - payment due by 6/4
1	in China - Sid Sondergard			(more details and sign-up form
1	1:00-3:00, SLCHA: Silas Wright		<u></u>	in the spring newsletter)
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# FINDING LOCATIONS:

Need help finding the locations where we hold SOAR courses? See the location notes on pp.5-6, attached to this calendar. Need even more location help for class and event locations? Consult the SOAR web site:

# www.soarnorthcountry.org

The web site has detailed information on each course and event location. This info includes: a description, directions, parking and accessibility notes. For our presenters there is aditional info on room tech and other equipment, furnishings, also room capacity. On the location pages you can also find links to campus maps for our campus locations, and google maps for our off-campus locations. Each location page also comes with a set of photos for those who like to "see where they are going."

# |FINDING COURSE AND PRESENTER INFO:

There is a page on the SOAR web site for each course and each presenter. Besides the general information found in the course booklet, on the course page you can find reading lists and/or course-related links that the presenter wants to post there. Also you will find photos. **Closed courses** are marked "closed" on the "COURSES" page. **Notices**, including such things as class cancellations, changes and reminders are found in the center section of the home page.

**IN CASE OF EMERGENCY:** When on the SUNY Potsdam campus, in case of a medical or other emergency, **call the University Police first: 267-2222** (or from a campus phone: 2222). They can respond more quickly than 911 responders, as the 911 responders must verify the situation with the University Police before setting out on the call.

## **SOAR COURSE LOCATIONS & PARKING INFO for SPRING 2012**

(See the SOAR web site www.soarnorthcountry.org for more detailed info about course locations - includes directions, photos and more)

### On-Campus Parking at SUNY Potsdam - www2.potsdam.edu/campusmap (link to interactive maps showing buildings & parking)

**SUNY PARKING PERMIT REMINDERS:** 1) Fill in your license plate number; 2) Avoid getting a ticket - park only where permitted; 3) Always display your permit on your rear view mirror; 4) Reuse your fall parking permit in the spring semester (it is good through Aug. 31, 2012).

## **On-Campus SUNY Locations**

Barrington Student Union - Site of the spring 2012 luncheon. (Parking locations will be announced in the spring newsletter.)

- Crane: Wakefield Recital Hall (second floor). Park in lot #9, close to Hosmer Hall. Walk up the left outside ramp and enter the doors on the left. The recital hall is directly in front of you.
- Kellas Hall: 101 (ground floor) & 217 (second floor). Park in lots #2 or #6. Enter at the archway door or (Merritt Hall) back door. 101 is at the Merritt Hall end. For 217, take the stairs or elevator (in back door vestibule) to the second floor; 217 (distance learning) is the first door on the left.
- Maxcy Hall. Park in lot #30 or #27 (NOT lot #29, the front row, closest to the entrance of the building).
  - **Dance Studio** (3rd floor). Bear right and take first stairs on the left to 3rd floor; room is nearby (or use elevator at far end of the corridor). **Fitness Center** (3rd floor) down the hall from the Dance Studio (i.e. closer to the elevator).
  - Maxcy 104 (ground floor). After entering, stay right; go to the far end of the corridor and turn left; 104 is the first room on the right.
- Satterlee Hall 314 (3rd floor). Park in lot #1. Take staircase or elevator (at either end of the clock tower section) to 3rd floor art room 314.
- **Stowell Hall 211** (main floor). Park in lot #2 or #9 and walk towards Barrington Student Union. Stowell Hall entrance is across the street from the union entrance. Once inside the building, 211 is the large lecture hall immediately on your right.,
- **Timerman 123** (ground floor). Park in lot #2 or #6. From lot #2: Enter from archway doorway, turn left; room is immediately on the right. From lot #6: enter back door, turn right into first corridor, then left at the next corridor; room is on your left.
- Van Housen Extension SB27A (ground floor). Park in lot #22 or #20. Use the door facing the parking lots. SB27A is the first door on the right.
- Van Housen Hall (adjoins Van Housen Extension). Park and enter as above. Take the elevator up one floor; veer to the right into the link corridor between the buildings; you have arrived at the Link ("Bubble") Room. Continue on into the next building; the Labyrinth Room is immediately on the left down a very short corridor with vending machines. *Alternate route:* Use the side entrance between the two buildings, climbing a half-flight of outside stairs and arrive directly into the link corridor.

### **SOAR COURSE LOCATIONS & PARKING INFO for SPRING 2012**

(See the SOAR web site www.soarnorthcountry.org for more detailed info about course locations - includes directions, photos and more)

#### Off Campus Locations – For details, maps and photos, go to SOAR web site and view "LOCATIONS": www.soarnorthcountry.org

- Canton Free Library (Paige Room basement). 6 Park St. (next to post office); park on street or behind. Elevator by entrance (buzz for key).
- Christian Science Reading Room (28 Elm St.). Small white building across from the Potsdam Musem and east of the Co-Op. (parking in back)
- **Clarkson Hall: Physical Therapy Dept.** (second floor). 59 Main St. (downtown campus). Two buildings east of Pierreport Ave. Park in lots in front or back, or along the back side of the building.
- **Mayfield Apartments**, Potsdam (Community Room). 22 Mayfield Drive (off May Road; in low office building in center of circle). Park only where you see "VISITOR" marked on the curb or in the lot beyond the circle
- **Mormon Church** (21 Castle Dr., Potsdam) (Multi-Purpose Room). From Leroy St., turn east onto Castle Dr. (first right turn north of the high school); follow the road to the end; park at the back of the church.
- **Partridge Knoll**, Canton (Multi-Purpose Room). 30 Sullivan Dr. Large complex, just off intersection of State St. and Rt. 310 (near schools). Park in front or on the side, but NOT on the lawn! The Multi-Purpose Room is nearest the far left entrance door to the building.
- **Potsdam Civic Center** (Room 207 / Community Meeting Room 2nd floor). 2 Park Street (between the Library and Museum). Park behind the building complex (or in any nearby public parking lot). Enter at the back using the Police Station entrance; turn right, go up a half-flight of stairs; turn left and go up another half-flight to the room. (There's a small elevator near the stairs.)
- **Potsdam Public Library** (computer center). Next to Potsdam Civic Center (see above). Computer center is in the basement. Entrance directly into basement faces the old fire startion; turn right and follow the corridor around to the computer rooms.
- **SLCHA: Silas Wright House**, Canton (County Gallery in the Red Barn Addition). 3 East Main Street (Rt.11) (white house, picket fence, across from park). Main entrance and small parking lot are in the back. Easiest entrance to this lot is from Court St. (use the Canton Savings and Loan bank entrance); additional free parking is in the farthest back section of the county services building (entrance to lot is off Judson St. beside the building) and on Main Street and on the far sides of the park.
- **St. Lawrence University (SLU): Valentine 104** (first floor, on left). Park in "J" lot across Park St. from the field house. Enter the door in the center of the complex that faces the lot; pass through a short corridor of offices, and up to the main corridor; turn left.