

# SOAR Course Registration Form for Fall 2016

(September 5, 2016 to November 11, 2016)

*(PLEASE: Complete both sides)*

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_

## REGISTRATION and OTHER REMINDERS:

- Sign up only for courses you plan to attend regularly.
- Tell the ambassador or presenter if you need to miss a day.
- Call the office: 1) to drop a course – a wait-listed person can then fill your spot;  
2) to register for a course after it has started – permission is needed.
- Your registration is processed in the order received and a confirmation is mailed back.
- Closed courses and other changes are posted on the SOAR website: **www.soarnorthcountry.org**
- Wear your **name tag** – use it for both Fall 2016 and Spring 2017. Keep your name tag holder to use later.
- Your **parking permit** is good through Aug. 31, 2017. Always use it when on the SUNY Potsdam campus.

*Circle your check marks for any course for which you could volunteer to be the ambassador*

**NOTE: Fill in both sides of this form!**

- |         |       |  |         |       |   |
|---------|-------|--|---------|-------|---|
| F-16-01 | _____ | 21st Century Music Box                           | F-16-33 | _____ | How Your Genes Affect Your Health           |
| F-16-02 | _____ | 3D Manipulation of Objects in Photos             | F-16-34 | _____ | Identifying Common Mushrooms (Group A)      |
| F-16-03 | _____ | AARP Safe Driver Course                          | F-16-35 | _____ | Identifying Common Mushrooms (Group B)      |
| F-16-04 | _____ | Acupressure for Common Ailments                  | F-16-36 | _____ | Law Enforcement Related Topics              |
| F-16-05 | _____ | Adirondack Architectural Heritage (AARCH)        | F-16-37 | _____ | Let's Speak French                          |
| F-16-06 | _____ | Art Workshop                                     | F-16-38 | _____ | Live the Best Life You Can                  |
| F-16-07 | _____ | Ascidians: Are They Taking Over...?              | F-16-39 | _____ | Mah Jongg                                   |
| F-16-08 | _____ | Author's Self-Publishing Workshop                | F-16-40 | _____ | Meaningful Ownership:...a Clutter Free Life |
| F-16-09 | _____ | Ballroom Dancing for Beginners                   | F-16-41 | _____ | Metallic Nanoparticles: Prep./Applications  |
| F-16-10 | _____ | Basic Bridge                                     | F-16-42 | _____ | Modern Libraries: e-Readers...(Group A)     |
| F-16-11 | _____ | Beginning Tai-Chi and Qigong                     | F-16-43 | _____ | Modern Libraries: e-Readers...(Group B)     |
| F-16-12 | _____ | Birdsbesafe® Cat Collar Cover                    | F-16-44 | _____ | Moon Watching                               |
| F-16-13 | _____ | Bridge for Fun: Intermediate Level               | F-16-45 | _____ | Music of the Beatles                        |
| F-16-14 | _____ | Chemistry and Environmental Impact               | F-16-46 | _____ | Musical Petting Zoo                         |
| F-16-15 | _____ | Civil War Letters Sent Home                      | F-16-47 | _____ | Our Lives through Poetry                    |
| F-16-16 | _____ | Climate Change: Science, Politics, Society       | F-16-48 | _____ | Palynology: Studying Pollen                 |
| F-16-17 | _____ | Comic Art of War                                 | F-16-49 | _____ | Potsdam Microgrid Planning Study            |
| F-16-18 | _____ | Continuing Tai-Chi and Qigong                    | F-16-50 | _____ | Restoring New York's Endangered Wildlife    |
| F-16-19 | _____ | Creative Nonfiction Writing                      | F-16-51 | _____ | Shakespeare on Film: <i>Macbeth</i>         |
| F-16-20 | _____ | Current Events                                   | F-16-52 | _____ | Silver Coin and Sterling Plate              |
| F-16-21 | _____ | Digital Photography for Beginners                | F-16-53 | _____ | Solar Energy and the Village of Canton      |
| F-16-22 | _____ | Downhill Skiing as Easy as Walking               | F-16-54 | _____ | St. Lawrence Co. Power Equipment Museum     |
| F-16-23 | _____ | Drawing  | F-16-55 | _____ | Tai-Chi: The Short Form                     |
| F-16-24 | _____ | Earth's Atmosphere: An Exploration               | F-16-56 | _____ | Tunes-R-Us                                  |
| F-16-25 | _____ | Edgar Cayce Exercises                            | F-16-57 | _____ | Upcycling Used Clothing into Hooked Rugs    |
| F-16-26 | _____ | Exploring Sensation and Perception               | F-16-58 | _____ | User-Friendly Mindful Meditation            |
| F-16-27 | _____ | Fun with Paper and Scissors: It's Science?       | F-16-59 | _____ | Vicarious Voyagers XIX                      |
| F-16-28 | _____ | Great Apes: Part II                              | F-16-60 | _____ | Vegetarian Comfort Food                     |
| F-16-29 | _____ | Greek Mythology                                  | F-16-61 | _____ | Visiting Montreal Island                    |
| F-16-30 | _____ | Grifters, Schemers & Masters of Prestidigitation | F-16-62 | _____ | Welcome to the Pumpkin Patch                |
| F-16-31 | _____ | Gunfight at the O.K. Coral: Myth, Fact, Fiction  | F-16-63 | _____ | Writing Our Memories: Stories for Grandkids |
| F-16-32 | _____ | How Your Genes Brain Works                       | F-16-64 | _____ | Zoning in on the Elections: After Obama     |

**QUESTIONS?** Check the SOAR web site or email SOAR:  
**www.soarnorthcountry.org**  
**email: soar@potdams.edu**  
**SOAR Office:** Room 382 Van Housen Ext. SUNY Potsdam

**For Office Use Only** (updated 08/17/16)  
Current \_\_\_\_\_ Lapsed \_\_\_\_\_ New \_\_\_\_\_  
Ck Number \_\_\_\_\_ Ck Date \_\_\_\_\_  
**No** Parking Permit Needed \_\_\_\_\_

**MEMBERSHIP STATUS: Everyone:** *please check a status box below; then fill out the rest of this page:*

- \_\_\_\_\_ 1. **Current member** (paid dues in fall 2015 or spring 2016, and paying dues now).  
\_\_\_\_\_ 2. **Lapsed member** (did **NOT** pay yearly dues in either fall 2015 or spring 2016).  
\_\_\_\_\_ 3. **New member** (also tell us how you learned about SOAR): \_\_\_ Friend, \_\_\_ Poster/Flyer,  
\_\_\_ Brochure, \_\_\_ Ad, \_\_\_ Course Booklet, \_\_\_ News Article, \_\_\_ Web Site, \_\_\_ Other (explain)

### **MEMBERSHIP RENEWAL / ENROLLMENT (Fall 2016)**

**PLEASE NOTE: The Waiver/Release Form must be signed: 1) to activate your renewal in the fall, 2) to reinstate your lapsed membership, or 3) to initiate a new membership.**

**Everyone:** *please sign this waiver and complete the rest of this page:*

**WAIVER / RELEASE FORM - effective from date of signing thru August 31, 2017**

Name (please print): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

**I understand that the SOAR Board of Directors, course instructors and SUNY Potsdam, its Trustees, employees and agents have no legal responsibility for my physical welfare while I am a member of SOAR or a participant in any SOAR class, sponsored trip or event. I therefore agree to hold these groups harmless for any claims for personal injury or damage arising out of my association with SOAR.**

\_\_\_\_\_  
*Signature*

\_\_\_\_\_  
*Date*

**Send this form and your \$65 membership check (*made out to "PACES-235" - note in memo line: "SOAR dues"*) to:  
SOAR, 382 Van Housen Ext., SUNY Potsdam, 44 Pierrepont Ave., Potsdam, NY 13676**

*In the box below, please add your suggestions and update your volunteer interests:*

#### **FOR ALL MEMBERS: SUGGESTIONS / VOLUNTEERING FORM**

**What suggestions do you have for future courses, presenters, events?**

**SOAR** is a member run organization. **How would you like to be involved?** (*Circle all that interest you*)

**COMMITTEES:** \* Ambassadors \* Trips and Performances \* Curriculum \* Scheduling \* Registration  
\* Membership \* Administration and Finance \* Outreach and Publicity \* Newsletter \* Nominating and Awards  
\* Board of Directors \* Presenter Communications

**OTHER:** \* Offer a course \* Be a course ambassador \* Volunteer for office chores \* Share office skills  
\* Offer classroom tech support (*training available!*) \* Do one-time tasks \* Help with short notice tasks  
\* Proofread documents \* Talk about SOAR to local groups \* Don't know, but want to help

SOAR course presenters are unpaid volunteers who often come from the membership. SOAR hopes that some day you might present a SOAR course. **Please indicate your experience, skills, or expertise that may be of interest to other SOAR members:**

*(PLEASE: Complete both sides)*